Choices for Change is now accepting new TBI and NHTD Waiver participants as well as Social Day Participants and private pay referrals!!!!!!

All interested candidates and their natural supports are encouraged to come visit our program for a day!

For a tour or information on rates please contact:

Scott Hitchcock  
SDP Supervisor  
Company Cell: 315-283-0261  
Program Office: 315-252-3095  
Shitchcock@elderchoiceinc.com

Program Happenings: Last Quarter in Review

Hello everyone! I hope you are enjoying your summer now that it is finally here. With all the rain we had this spring, a few of our planned activities had to be rescheduled but we still managed to have some fun.

Our Mother’s Day Bake Sale was an absolute success. A huge thank you goes out to SDP Staff Julia Vandoren, for taking point on the planning and organizing of the bake sale. She did a wonderful job of organizing the bake sale meetings with the participants, designing the menu’s, and keeping track of all of our preorders and day of sales.

Our next major event of the summer is our second annual family day. This is where the participants are able to invite family and friends of their choosing to participate in a day at program together. We will be doing special activities and lunch will be provided.

SDP Staff Victoria Simpson will be leading this event.

Choices for Change would also like to mention that ElderChoice Inc. will be celebrating 20 years of being in business this October.

ElderChoice Inc. was founded by Jacqueline Scripa, RN, MSW in 2007. In the last twenty years, ElderChoice has added Service Coordination, Skilled Nursing care (both RN's & LPN’s), Structured Day and Social Adult Day programming to the list of services they provide. ElderChoice is also a Licensed Home Care Services Agency (LHCSSA) providing Home Health Aides, Personal Care Aides, and Homemaker/Companion services.

Jackie’s two children, Aaron Harris and Tara Graham, are the current owners of ElderChoice and continue to keep Jackie’s vision alive. Aaron and Tara both share the same passionate drive Jackie had to provide exceptional, person centered care. Aaron and Tara are huge advocates for the Brain Injury Association and The Alliance of TBI and NHTD Waiver Providers. We, the staff and participants alike, would like to thank ElderChoice for all they have done for the TBI and NHTD community in the last twenty years of service. We are very proud to call ourselves part of the ElderChoice family.

From all of us here at Choices For Change, Here’s to another 20 years!
Outings This Quarter

The last three months have flown by. We have gone to many new and exciting places along with some familiar favorites. In April, despite all the rain we had, we still managed to get out to Spaghetti Warehouse, Johnny Angels, Tully’s, and Destiny USA.

In May, the rain caught up to us and we had to cancel two outdoor outings but we still managed to hold a very successful Mothers Day Bake Sale and Memorial Day Picnic that the weather held out for. We also visited a new restaurant, The Patty Shack and returned to one of our favorite places, Spaghetti Warehouse.

June has been a much better month as far as the weather goes and we have been out and about enjoying it as much as possible. We had perfect weather to visit Carpenters Brook Fish Hatchery and try our luck at fishing in their pond. We also visited Tres Primos, Sonic and Sakura Buffet.

Family Day 2017

We are holding our second annual Family Day Luncheon on August 29th 2017. Our participants will be inviting their loved ones to join us here at program from 10:00 am until 2:00 pm. In the morning we will be working on making lunch. Family and friends are encouraged to participate in our weekly cooking activity by assisting their loved ones in basic cooking skills. We will be making a few salads and grilling up some hotdogs and burgers.

We will then invite all friends, family, and staff to join us for lunch. In the afternoon, our participants will be making tie-dyed T-shirts. Family, friends and staff are also welcome to purchase their own shirts for $10 each that they can tie-dye as well or just to wear in support of our program. Please feel free to contact Victoria Simpson or Scott Hitchcock for further information. Last year was a great success and we are looking forward to having everyone join us once again.

SDP Staff of the Year

ElderChoice Inc is celebrating twenty years of service to our community this fall. As part of this celebration, every supervisor was asked to choose their most deserving staff member to be recognized for their service to ElderChoice and to their clients. SDP chose to recognize its most beloved staff member for the first ever SDP Staff of the Year, Tyler Severin. Tyler has been a member of the SDP team for 5 years and has been a friend of the program for much longer. Tyler is always willing to go well above and beyond what is asked of him to make every participant feel at home here at our day program. Anyone that has ever met Tyler will be able to attest to his dedication and compassion.

Tyler received a plaque and an IPad Pro at annual training in May
From the Kitchen: Ice-Cream Cookie Sandwiches

What you will Need:

1 Gallon Ziploc Bag
1 Sandwich Ziploc Bag
1/2 cup Whole Milk
1/2 teaspoon Vanilla Extract
1 1/2 tablespoons Sugar or Sugar Substitute
6 tablespoons of Salt
Lots of ice
Treats of choice: we used chocolate chips, strawberry jam, fresh fruits and peanut butter. Feel free to experiment and make your own custom flavors.

Directions:

1. Place milk, sugar, vanilla, and any other treats of choice to flavor your ice cream in the sandwich sized Ziploc bag. Be sure to make sure the bag is sealed well.
2. Put the ice, salt and the sealed sandwich bag containing milk mixture inside the large gallon Ziploc bag.
3. Shake the bags for approx. 10 minutes. (it may be helpful to wear gloves for this step as the ice can cause frost bite)
4. Put ice cream on cookies of choice and make a sandwich. We chose to bake a few different kinds from box mixes but you can use any kind of cookie you would like.

Gone Fishin’

One of the coolest places we visit is Carpenters Brook Fish Hatchery. The staff there are always very welcoming and professional. Our participants are given some time to fish in their stocked pond. Fishing poles and bait is provided and their staff are willing to assist with pulling the fish out of the water and taking the hooks out. They are always very careful not to hurt the fish when ever possible because they will throw the fish back into the pond for the next group to catch. It is a wonderful program and it allows folks that may not be able to get to fish due to accessibility issues the perfect opportunity to do so.

Once we were done fishing for the day, we ate lunch at their pavilion. The weather was absolutely perfect for a picnic lunch. We then purchased some fish food and headed to the holding tanks where we were able to feed rainbow and brown trout. The participants then checked out the pheasant shack where they have pheasant chicks on display. They raise the pheasants as part of a program that releases them into the wild at the end of the summer to boost the local pheasant population. We will be making another trip there later this season.

Mother’s Day Bake Sale

We would like to thank everyone who helped out with our bake sale. We had some really yummy donations and some big spenders. In total, with all of the preorders and day of purchases we made just shy of $400 profit. This money will be used towards off setting the cost for more expensive activities and outings. Our staff and participants have discussed doing another bake sale around Christmas time.
Choices for Change
Adult Day Program

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Auburn, NY 13021
Phone: (315) 252-3095
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To be added to our monthly calendar and quarterly newsletter mailing list, please email:
SHitchcock@elderchoiceinc.com

Choices for Change, is a division of ElderChoice Inc. that offers Structured Adult Day Services to those served under the TBI and NHTD waivers as well as Social Adult Day Services to Adults with functional impairments.

Our program offers individuals the opportunity to interact with peers in a group congregate setting while working towards independence in their home and community through goal oriented activities and community outings.

For more information about who we are and what we do, visit www.elderchoiceinc.com or call our program supervisor, Scott Hitchcock, to set up a day and time to tour our facility.